

## Health Advisory Council Minutes

### April 18, 2017

Present: Steve Brennan, Tim Brubaker, Kristen Dellacroce, Carol Ann Dougherty, Kate Fowler, Linda Gillogley, Jean Houston, Ann Junk, Mina Liebert, Julie Moser, Georgann Richardson, Pat Richardson, Arleen Seavers-Reed, Brian Shevock, Bob Wedel

#### **Updates:**

On 4/21, Ann and Georgann are hosting a ½ day Brainiacs workshop  
Kristen Dellacroce, Tim Brubaker and Carol Ann Daugherty have been trained by CDE to conduct Brainiac training

- They offer a ½ day presentation on movement in the classroom
- They present basic science on the brain
- Model a lot of brain boosters
- How to use music in the classroom
- Incorporate RULER also
- We have people who have been trained in 23 schools
- We expect 50 participants—two thirds are classroom teachers
- 12-3 on Friday; all are welcome

The number of champions for ‘movement in the classroom’ is growing!

June 13<sup>th</sup> Summer Institute all-day Brainiac training: Move it or Lose It

May 17<sup>th</sup> walking classroom ½ day 12-3 teacher training and reunion

- We have 10 schools involved in walking classroom

June 8-10: Statewide Colorado Coalition (RMC, KP, CEI, CDE and the Colorado Health Foundation)

Coordinator Meetings in Colorado Springs at Great Wolf Ranch this year

Kate Fowler-Director for Nutrition Services:

A District 20 2<sup>nd</sup> grader, Tylee Creps at Mountain View Elementary, is participating in the Sodexo Future Chefs’ Competition

- Voting starts April 24<sup>th</sup>
- The “Top Five” in the nation are chosen
- Tylee has made the Top 40
- Her recipe is called Tylee’s Famous Granola Cups with Greek Yogurt and Fresh Fruit

Frontier has two tower gardens this year

Julie Moser—SAFE counselor will be at EMS next year

The upcoming retirement of Pat Richardson is a great celebration and we recognize the professional expertise and personal touch that she has contributed to this committee. We wish her great adventures in the future. We will miss our most gracious leader.

Meeting adjourned.

Next meeting: September 19, 2017 4:15 – 5:30 pm Willow EAC

