



Health Advisory Committee

Tuesday, November 14, 2017 4:15-5:30 pm

Willow Conference Room

MINUTES

Attendees: Tom Andrew; Steve Brennan; Mary Lou Clough; Brandon Comfort; Lisa Coyle; Aubrey Day; Kate Fowler; Jean Houston; Ann Junk; Janet Krompiew; Maureen Lang; Mina Liebert; Angela Miller; Julie Moser; Georgann Richardson; Robert Wedel

I. Introduction

Maureen Lang, Director of Professional Learning, welcomed members of Health Advisory Committee and expressed appreciation for their willingness to contribute to district Health and Wellness.

II. Review of minutes and agenda

Meeting minutes from September 19, 2017 were reviewed. These are posted on the Health and Wellness web page.

III. El Paso County Food Systems Assessment – Phase 1

Aubrey Day, El Paso County Public Health

The El Paso County Health Dept. has initiated a food systems assessment for the county and city. Colorado Springs has earned designation as an elite HEAL city, which means it promotes policies that support healthy eating and active living (HEAL). Phase 1, the first year, involves the establishment of a Food Policy Advisory Board that will make recommendations, and the creation of maps with key findings, emerging themes, and next steps. Aubrey shared the Phase 1 results, along with maps describing the food retail environment, food access opportunities in Colorado Springs, and the food productive capacity of the land in El Paso County.

Web page – New and Improved! Maureen Lang

The webpage is simplified and information more easily accessible. Over the coming year the district will be rebranding and some changes are being made. The rolling banner has been replaced with a single photo. Minutes are posted following each meeting. The District Wellness policy can be accessed through a link on page. Resources are available and Sodexo information will be updated and included.

Wellness policy and procedures update – Maureen Lang

District policy reflects four identified goals. Changes to policy must be approved by district policy committee. Maureen is collaborating with legal services to proceed appropriately. The committee would like to support schools integrating health and wellness into the UIP/SIP. The goal of the Health Advisory committee is to promote, share, and celebrate health and wellness throughout Academy School district.

District updates –

Smart Source Inventory 2017/18 completed by 26 schools.

The Smart Source inventory serves as a health and wellness assessment tool for schools and provides data for evaluation of the district wellness policy.

Professional Learning opportunities:

Healthy School Co-leader Workshop (Sept 21, 2017), - 24 school teams represented
Movement in the Classroom training presented by the Brainiac district trainers (Nov. 7, 2017) – another offering is scheduled for April 10, 2018.

The Walking Classroom Teacher Workshop (Sept 27, 2017) – ASD20 has 18 classrooms at 10 schools participating in The Walking Classroom.

Kaiser Permanente is presenting a workshop, Building Resilience, on December 12, 2017.

School Updates:

Jean Houston presented physical activity poster from The Walking Classroom, CDE Healthy Snack information from the Smart Snack policy, and Healthy School Champion application for 2018.

There was a discussion about Share Tables, exploring food sharing to eliminate food waste in cafeterias. Kate Fowler will research ASD20 policy on food sharing.

Frontier ES – After Halloween, the school sponsored a candy trade-in. Students could bring candy to donate to Operation Gratitude supporting military troops.

High Plains ES – Partnering with the PTO, the proceeds from the ‘Run With Timber’ are designated to support health and wellness in the school. Also, the Healthy School team hosted a CHIP rewards sign up for the staff.

The 2018 Future Chefs competition is coming! Plans are in the works, the recipe category is “Asian Fusion”.

IV. Closure

**Our next meeting will be February 20, 2018 from 4:15-5:30 pm
in the Willow Room at the EAC.**